

Choices in Sick Care

You have many choices on where you can receive care. Depending on your symptoms or condition there may be a lower cost option. Begin with registering on myuhc.com and downloading the UHC app to have available when you need care. These resources can help you find in-network providers and begin a virtual visit. If you have a life-threatening condition, call 911 or go to the ER.

	Advocate4Me UHC healthcare professional service line to help you find the right care	Primary Care Doctor A doctor that knows your health history best	Virtual Visits Meet with a doctor from anywhere by phone or video	Convenience Care Basic conditions that are not life-threatening (ex: clinics at Kroger, Walgreens & CVS)	Urgent Care Serious conditions that are not life-threatening	Emergency Room Life and limb-threatening emergencies
Average Cost PPO Plan	No Cost	\$25-\$30 Copay	No Cost	\$25-\$30 Copay	\$50-\$70 Copay	\$350 + deductible & 30% coinsurance
Average Cost HDHP Plan	No Cost	30% coinsurance after deductible	\$49 or less deductible applies	30% coinsurance after deductible	30% coinsurance after deductible	30% coinsurance after deductible
Hours	24/7	Varies (many offices block time for same-day sick appointments)	24/7	Varies	Varies	24/7
Contact Info	Call: 866-314-0335 Visit: myuhc.com (chat available)	Contact your PCP	myuhc.com/virtualvisits	Check the network at myuhc.com	Check the network at myuhc.com	Call 911
Common Conditions		<ul style="list-style-type: none"> Cough Fever Muscle strain Pinkeye Sinus problems Sore throat Sprain Urinary tract infection 	<ul style="list-style-type: none"> Cough Fever Pinkeye Sinus problems Sore throat Urinary tract infection 	<ul style="list-style-type: none"> Cough Fever Muscle strain Pinkeye Sinus problems Sore throat Sprain Urinary tract infection 	<ul style="list-style-type: none"> Broken bone Sprain 	<ul style="list-style-type: none"> Broken bone Chest pain Shortness of breath Head injury

*Costs vary by the medical plan and benefit coverage. The information and estimates provided are for general informational and illustrative purposes only and is not intended to be nor should be construed as medical advice or a substitute for your doctor's care. You should consult with an appropriate health care professional to determine what may be right for you. In an emergency, call 911 or go to the nearest emergency room. This document is adapted from UHC Quick Care Chart.